

**NUTRITION AND PHYSICAL ACTIVITY
POLICY LEADERSHIP GROUP (NPA-PLG)
November 16, 2004 -- SeaTac, Washington**

LIST OF POLICY IDEAS

edited and revised 12/2/04

- **HB 5436: passed**
<http://www.leg.wa.gov/wsladm/billinfo1/dspBillSummary.cfm?billnumber=5436>
- **HB 2195: passed**
<http://www.leg.wa.gov/wsladm/billinfo1/dspBillSummary.cfm?billnumber=2195>
- **HB 2760: did not pass**
<http://www.leg.wa.gov/wsladm/billinfo1/dspBillSummary.cfm?billnumber=2760>
- **HB 6294: did not pass**
<http://www.leg.wa.gov/wsladm/billinfo1/dspBillSummary.cfm?billnumber=6294>
- **CTED:** State Department of Community Trade and Economic Development
- **DOH:** State Department of Health
- **NPA-PLG:** Nutrition and Physical Activity Policy Leadership Group
- **OFM:** State Office of Financial Management
- **OSPI:** State Office of the Superintendent of Public Instruction
- **PA:** Physical Activity
- **PE:** Physical Education
- **WWRP:** Washington Wildlife Recreation Program
- **EALRs:** Executive Administrative Learning Requirements

PHYSICAL ACTIVITY POLICY IDEAS

After each idea, the area(s) it targets are keyed to these numbers

- 1. GREATER ACCESS: YOUTH**
- 2. GREATER ACCESS: GENERAL POPULATION**
- 3. ACTIVE COMMUNITY ENVIRONMENTS**

PA1: "Complete the streets" - Establish policies that would require all road construction to include facilities for bikes, pedestrians, transit, etc. and support a new revenue funding package supported by WSDOT, Assoc. of WA Cities and Assoc. of WA Counties and discussed by the Transportation Commission to implement the policies..– 1,2,3

PA2: Increase funding for Safe and Active Routes to Schools program. – 1,2,3
http://www.wsdot.wa.gov/bike/Safe_Routes.htm

PA3: Increase funding for SB 5436 school that establishes requirement for school districts to develop, and implement, and enforce nutrition and physical activity PA policies. - 1

PA4: Mandate greater % set-aside for trails and paths and increase funding and accountability. -3

PA5: Increase funding for “active transportation” – start at 5% of DOT’s budget and raise it over time to 15% of DOT funding that would be dedicated to “active transportation” – i.e. bikes, walking, etc. –1,2,3

PA6: Require that stairways are kept open and accessible. –1,2,3

PA7: Eliminate free parking around high schools; provide student parking passes incentives for car-pooling, etc. – 1,3

PA8: Establish ways to ensure follow-thorough, accountability, enforcement of the new PA language in SB 6294 (Franklin) that adds PA as a variable in community planning. This also presents an opportunity to address “equity-access.” -1,2,3

PA9: Develop statewide trail plan that integrates fed/state/local trails funding. Could help in prioritizing trails in WWRP (note from WSDOT: the state bicycle and pedestrian plan is currently being updated – to be completed in Fall 2005). - 1,2,3

PA10: - Increase after-hours access to schools for PA – there may be liability concerns – primary drive may be lack of capacity and resources to staff buildings. – 1,2

PA11: Driver Education- Incorporate education on bikes, transit, walking, etc. into driver education programs. - 1

PA12: Encourage siting of schools in more densely populated areas to encourage walking, biking to school, etc. -1

PA13: Maintain current statutory focus on “health and fitness” Executive Administrative Learning Requirements per HB 2195. – 1

PA15: Establish incentive easements to encourage trails, access to parks, etc. – could possibly integrate this with WWRP funding and planning. - 1,2,3

NUTRITION POLICY IDEAS

After each idea, the area(s) it targets are keyed to these numbers

- 4. ACCESS TO HEALTH-PROMOTING FOODS**
- 5. REDUCE HUNGER AND FOOD INSECURITY**
- 6. INDIVIDUAL AND COMMUNITY EDUCATION**

N1: Stabilize public health funding and beef up support for local communities to participate in and provide critical nutrition programs like WIC. -4,5

N2: Provide funding for implementation of infant-friendly, breastfeeding friendly worksites legislation. - 6

N3: Levy sin, sugar, candy taxes. -4,5

N4: Provide tax breaks for growers who donate foods. -5

N5: Create food-pricing strategies to promote consumption of healthy foods. - 4,5,6

N6: Ensure State funding to maintain current participation levels for WIC and Senior Farmers Market Nutrition Programs. -4,5

N7: Comprehensive school nutrition legislation, limiting the types of beverages and competitive foods that may be sold in K-12 schools (similar to HB 2760) -4

N8: Close school breakfast loophole that allows some districts that did not have school breakfast programs out of the requirement to provide them. - 4, 5

N9: Support OSPI budget request to OFM for \$1.9 million in school supplemental funding for school breakfast programs. -4,5

N10: Eliminate reduced price category for school meals. - 5

N11: Maintain current statutory focus on “health and fitness” Executive Administrative Learning Requirements per HB 2195. - 6

N12: Support CTED request for \$3.6 million for emergency food assistance that would allow food banks and others to receive and handle fresh fruits, vegetables. - 4,5,6

N13: Establish anti-ad policies for schools and “sample” bans, create junk food free zones around schools, etc. - 4,6

N14: Promote community vegetable gardens – set aside public land for gardens – maybe include property tax deduction for community gardens – could be included in SB 6294 (Franklin). - 4,5
